

DOLLS Coach Pitch League Rules
Kindergarten, 1st & 2nd Grade Girls
Revised 3.12.09

1. Emphasis of this league is on developing basic softball skills - batting, fielding ground balls and fly balls, throwing, defensive positions, base running and making force-outs.
2. All girls are required to play all defensive positions during the season. At every game, all girls are required to play 1 complete inning in the infield and 1 complete inning in the outfield. All players must rotate sitting out, no player may sit out 2 innings in a row. Every player must sit out once before any player sits out twice. Equal playing time is required for all participants.
3. Maximum of 10 defensive players per inning will be allowed. The infield will play the regular 6, and the outfield may play 4 defensive players.
4. Outfielders are required to play in the outfield; they may not cover a base. Covering bases is the job of the infielders.
5. Infielders should be positioned in front of the baseline to allow the runner the base path.
6. A team's turn at bat concludes if:
 - They score 5 runs, or
 - The defensive team records 3 outs, or
 - Every player on the batting team has batted once in that inning (this number is determined by the number of players at that particular game).
7. A game shall consist of 4 complete innings. No new inning should begin after 1 hour 15 minutes of play. Once an inning is begun, it shall be completed with no regard to a time limit.
8. The batter shall receive 5 pitches from the coach. If she has not put the ball in play, the batter is allowed the use of the "T".
9. Coaches/Parent Helpers:
 - When batting - 1 coach behind the plate (may assist batters), 1 coach pitching, 1 coach at 1st base, 1 coach at 3rd base.
 - When fielding - 2 coaches allowed in the field to assist with positioning and position play.
10. Batters may advance to 2nd base only on a ball that travels into the outfield. Batters/runners may not advance on overthrows.
11. No score is kept at the Coach Pitch Level. Each coach is responsible for tracking their own runs and batting order.
12. The coach shall pitch from a distance of 30' from home plate, with 50' baselines. This level shall use an 9" or 10" ball. The home team is responsible for setting up the field approximately 30 minutes before game time.
13. A continuous batting order is mandatory.
14. The infield fly rule does not apply at this level.
15. There will be a two-minute time limit between half innings to keep the games moving. A courtesy runner for catchers should be used whenever possible.